

# PSY3379 The Professional in Psychology: An Internship

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# Internship

- Aim of the internship:
  - to facilitate you in developing knowledge, skills and abilities that are relevant for psychologist
  - Employability
- Maximum 6 ECTS (= 168 hours)
- Period 1 – 3
  - Also during summer break
- Fulltime or parttime
- *Practical* internship, not *research*

# Which company?

- Find a company yourself
- Supervised by a psychologist
- Content of internship should be related to FPN bachelor program
  - Clinical psychology, forensic psychology, work & organizational psychology, etc
- Coordinator approves internships

# Some examples...

- Clinical Psychology
  - Child and Adolescent Psychosomatics
  - Personality disorder treatment
  - ADHD
  - Trauma
  - Animal assisted therapy
  - Addiction
  - Creative therapy
- Work & Organizational Psychology
  - HR Consultancy
  - Recruitment and selection
- Forensic Psychology
  - Police: analysis and investigation of threats; risk assessment

# Assessment

- Before you start your internship:
  - Development plan
    - SMART learning goals
      - Communication, interventions, observing patients, writing skills, etc.
- During/After the internship:
  - Final report → Final grade
    - 10 – 20 pages (APA style)
      - Updated development plan
      - Activities during internship, related to learning goals
        - Describe scientific evidence for therapies, questionnaires, selection procedures, tools, etc.
      - Reflection and conclusion



# How to proceed?

- Find an internship
  - Use your own network, check websites of interesting organizations
- Send me an e-mail with the information about your internship
- Indicate this course (PSY3379) as one of your preferences for the electives

# Questions:

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