

# Elective Program 2022-2023

## bachelor year 3



### In this session....



1. Overview elective program in general & Electives at FPN, *Annemiek Vermeeren*



2. The Professional in Psychology: an internship (PSY3379), *Alicia Walkowiak*



3. Electives Abroad, *Merlijne van Overbruggen*



4. MarBLE, *Arie van der Lugt*

## Elective program in general

### What?

- 24 ECTS in total (e.g. four FPN electives of 6 ECTS)

### When?

- Periods 1, 2 and 3 (bachelor year 3)

### Where?

- FPN
- other UM faculties\*
- Other universities in The Netherlands\*
- Electives Abroad\*
- Setting outside the university (PSY3379)

\* Approval Board of Examiners needed (Criteria: relevance, overlap)

## Option 1 Electives at FPN

### See "FPN Elective Guide"

(pdf available on AskPsy; updated annually in March)

### Content

- 1 General Introduction
- 2 Electives offered by FPN
  - 2.1 List of FPN Elective Courses
  - 2.2 Planning
  - 2.3 Format
  - 2.4 Language
  - 2.5 Attendance
  - 2.6 Assessment
  - 2.7 Registration procedures
  - 2.8 FAQ
- 3 Other electives and minors
- 4 Extra electives



**FPN Electives - Expected in 2022-2023**

Course Title	Code	EC	Coordinator (Department)
<b>Period 1</b>			
Introduction to Computational Neuroscience	PSY3165	6	M. Sander (CN)
Remembering Memories	PSY3172	6	L. de Vries (CN)
Forensic and Legal Psychology in a Nutshell	NEW	6	S. Roggen (A, Legal, CPN)
Neuropsychology and Law	PSY3175	6	M. Adus (CPN)
Aggression	PSY3184	6	L. Ulfendael (CPN)
Psychopharmacology	PSY3112	6	A. Kosterse (P&PP)
Child Neuropsychology	PSY3158	6	E. Andrieu (P&PP)
Group Dynamics	PSY3159	6	B. Lucarelli (WSP)
Applied Social Psychology	PSY3189	6	S. Tersteege (WSP)
Psychological Literacy Project (course 1 and 2)	PSY3190	12	R. Massar, A. Sander, A. Ulfendael
<b>Period 2</b>			
Cognitive Enhancement	PSY3162	6	T. Dierker (CN)
Cognitive Neuroscience of Language	PSY3173	6	E. van der Lely (CN)
Sexuality	PSY3167	6	M. Dineley (CPN)
Adult Neuropsychology	PSY3168	6	L. Ulfendael, B. Lucarelli (P&PP)
Stressors, the Brain & Behavior	PSY3170	6	E. A. Stehouwer (P&PP)
Psychiatric Medicine	PSY3182	6	S. Roggen (P&PP)
Social Neuroscience	PSY3182	6	E. Ols (WSP)
Human Behaviour in Organizations	PSY3184	6	L. Adria (WSP)
Political Psychology	PSY3187	6	P. de Waard (WSP)
<b>Period 3</b>			
Behavioural Problems in Childhood and Adolescence	PSY3181	6	L. Lindman (CN)
Positive Psychology	PSY3185	6	M. Peeters (CPN)
Stress and Sleep Disorders	PSY3188	6	L. Brouwer (P&PP)
International Psychology and Climate Change	NEW	6	B. Lucarelli (WSP)

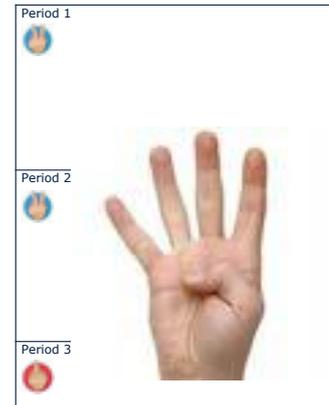
**DISCLAIMER**  
 This list still has to be confirmed (e.g. one or two electives may be replaced by similar but other electives, or shift to a different period).  
 Final list available in February-March 2022



Choose 4 electives (of 6 ECTS)

For information on specific courses go to the [web catalogue](https://www.maastrichtuniversity.nl/education/bachelor): <https://www.maastrichtuniversity.nl/education/bachelor> and select *Psychology > Courses & Curriculum > Electives*

**Planning**



**Scenario A**  
 In Period 1 : 2 electives  
 In Period 2 : 2 electives  
 In Period 3 : work on your thesis

**Scenario B**  
 In Period 1 : 2 electives  
 In Period 2 : 1 elective + work on your thesis  
 In Period 3 : 1 elective

**Scenario C**  
 In Period 1 : 1 elective + work on your thesis  
 In Period 2 : 2 electives  
 In Period 3 : 1 elective



**Bachelor Thesis**  
 submission first full version  
 deadline ~1 Feb 2023

*Resits Year 1 and 2  
 - Combining two electives with tutorials of other courses is largely impossible (schedules overlap, study overload)*

## Elective PSY3379 The Professional in Psychology: an internship

- At setting outside university
- Between July 2022 and January 2023
- 6 ECTS
- **Contact** : Alicia Walkowiak, Coordinator PSY3379



See next presentation and FPN Elective Guide, section 3.1

## Elective PSY3390 Psychological Citizenship Project

- Students work in small teams on a problem
- with stakeholders outside academia
- Period 1 + Period 2
- 12 ECTS
- **Contact** : Anke Sambeth, Karlijn Massar, Herco Fonteijn





- Research Project (12 ECTS)
- **Two electives** (12 ECTS)
- Thesis (research report)




**Contact:** Arie van der Lugt



Period 1

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Period 2

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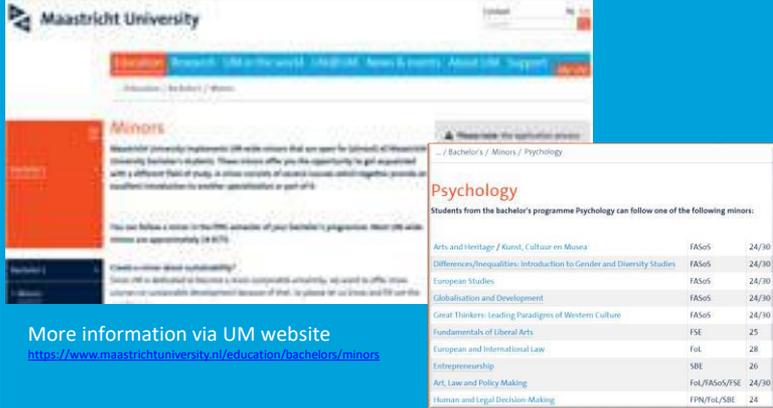
Period 3



See next presentation and FPN Elective Guide, section 3.3



## Option 2 Other UM faculties



**More information via UM website**  
<https://www.maastrichtuniversity.nl/education/bachelors/minors>



See FPN Elective Guide, section 3.4

### Option 3 Other Dutch Universities



### Option 4 Electives Abroad

- at FPN-partner-universities



- More information: [www.askpsy.nl/iro/home](http://www.askpsy.nl/iro/home)



## What to do?

1. Start thinking about what you would like to do
2. Inform yourself
  - e.g. FPN Elective Guide 2021-2022  
via <https://www.askpsy.nl/electives-bachelor-2021-2022>
  - UM Course Descriptions 2021-2022  
Via web catalogue (update for 2022-2023 in May 2022)
3. Apply (1 June – 1 July, 2022)



## For more information

- FPN Elective Guide 2021-2022 (available on AskPsy)
- Information session in April/May 2022



# Electives abroad in Year 3 (Fall 2022)

Faculty of Psychology and Neuroscience



Maastricht University



# 1. Meet the International Relations Office (IRO)!

- **Ms. Merlijne van Overbruggen**  
Co-ordinator International Relations Office
  
- **Ms. Ellen Blaauw**  
International Relations Officer
  
- **Ms. Debbie Bloot \***  
International Relations Officer

\* replaced by Ms. Zulema Menendez during pregnancy leave (until mid-March 2022 )



## 2. Why study abroad?

### Global Awareness and personal development

- Fun and exciting experience!
- Get to know a different country, culture, people, language
- Improve your skills in cross-cultural communication, global literacy, critical thinking, flexibility and adaptability to new situations;
- Be exposed to different ways of thinking and living, giving you a fresh perspective on your own thinking and way of life, etc.

### Academic and career opportunities

- Take courses UM does not offer, and discover how your chosen field of study is regarded in another country;
- Increase your employability and job prospects

→ *Not sure if studying abroad is the right choice? Talk to us / exchange students!*



# 3. UM COVID-19 policy on exchanges abroad

The UM Executive Board has decided to continue mobilities abroad in spring 2022, provided that the following conditions are met:

- Exchanges within the [EU](#), [Erasmus+ Programme Countries](#) and Andorra, Monaco, San Marino, Switzerland, the Vatican City State and UK, are allowed to destinations with a color code green, yellow or orange [travel advice](#).
- Exchanges outside of Europe are allowed, provided that the destination is included in the (regularly updated) [EU Safe List](#) (at the time of departure);
- Students are only allowed to travel to a code *orange* destination if the exchange is offered fully or substantially in-person;
- An exchange in a code *orange* region that takes place fully online is not allowed (an online exchange from Maastricht/home country is allowed);
- Exchanges in regions with a color code *red* are never allowed.

You will be informed through the UM/FPN information channels once a decision has been made on the UM policy for exchanges abroad in Fall 2022.

See the [UM COVID-19 website](#) for the impact of COVID-19 on studying abroad.



## 4. Impact COVID-19 on electives abroad

- Despite an allocation, your exchange may be have to cancelled after all. E.g. in case your host university suspends the (physical) fall 2022 exchange, due to travel restrictions, or if the travel advice for your destination changes to red, or no longer appears on the EU safe list. It is important to keep yourself informed of the travel advice and to stay in close contact with us;
- If your exchange is cancelled, you can choose an alternative (still available) exchange spot, do an online exchange (if offered by host university), electives at FPN, or UM minor;
- Be aware that possible financial, academic and health consequences of an exchange abroad are entirely at your own risk;
- You are responsible for making the necessary arrangements (e.g. taking out adequate health, travel and liability insurance), and for keeping yourself informed on the safety situation and travel advice;
- Any costs incurred due to the COVID-19 pandemic, such as (late) cancellation of a flight, (forced) repatriation, or illness, are borne entirely by the students (unless covered by their travel and/or health insurance, or unless covered by Erasmus+ Force Majeure: see FAQ's on [UM COVID-19 website](#)).



# 5. Who can participate in the selection?

## Selection criteria:

- Second-year Bachelor students (you started in 2020-2021)
- All first-year courses obtained at the time of the registration deadline at the very latest\*

\* Less than 60 ECTS in Year 1? You can apply for an available spot after the selection, once Year 1 is completed



# 6. Registration: how and when?

- **Online registration form** available on <https://www.askpsy.nl/iro/electives-fall-2022> as of **Thursday 16 December 2021**.
- **Registration deadline:** **Thursday 6 January 2022, 12:00 hrs. noon.**

*Still in doubt? Do register! You can still withdraw before submitting your university preferences.*

- **Confirmation of registration**  
**Thursday 6 January 2022:** confirmation per e-mail



# 7. Application: university preferences

- **Application period:**  
**Monday 17 January 2022, 12.00 hrs. noon:** application opens  
**Wednesday 2 February 2022, 12.00 hrs. noon:** application closes
- **Online application form** for submitting 6 (or less) universities of your preference available on [www.askpsy.nl/iro/electives-fall-2022](http://www.askpsy.nl/iro/electives-fall-2022)

## Important!

- Minimum GPA 7,0 for several universities outside Europe!
- Minimum recommended level of language proficiency: B2. Some universities require a proof at time of application
- Not possible to do your exchange in country of origin (where you were born and raised)



# 8. Available universities

- **See partner information pages** [www.askpsy.nl/iro/fpn-partner-universities](http://www.askpsy.nl/iro/fpn-partner-universities)  
Check host university website, read the experience reports and contact (former) exchange students, contact the IRO (not the partner university!)
- **List of available universities/places for Fall 2022**  
(provisional) list of available places for Fall 2022 is published on [www.askpsy.nl/iro/electives-fall-2022](http://www.askpsy.nl/iro/electives-fall-2022) on **Thursday 16 December**. Less/no places may be available at universities due to imbalance, or COVID-19.
- **New exchange destinations!**  
Tec de Monterrey (Mexico), IE University Segovia (Madrid), OsloMET (Oslo)

**Note:**

- *you can only take electives abroad at an FPN partner university (selection through FPN IRO), not as a freemover*
- *elective abroad period is limited to one semester, in Fall 2022*



# 9. How to choose the right university?

- **Things to consider:**

Academics (courses), culture, language (requirement), finances, academic calendar (differs per university), small/big university/city, future plans, etc.

- **Find out about the experiences of former students!**

Read their essays, contact former/current exchange students.

See [www.askpsy.nl/iro/fpn-partner-universities](http://www.askpsy.nl/iro/fpn-partner-universities)

- **Discuss your options with the IRO**

# 10. Allocation of study abroad spots (I)

- **Allocation based on ranking position**  
Allocation of places is done according to your ranking position.

**Horizontal allocation** of study abroad places.

- **Allocation:** sent by email on **Tuesday 8 February 2022**



# 11. Allocation of study abroad spots (II)

- **Allocation = confirmed**

An allocated spot is 'confirmed'. Switching is not possible. So make a careful decision about your university preferences.

**Note:** Students who failed a course in period 2/3 of Year 2 are selected provided that they pass the resit(s). If they fail the resit and cannot (or don't want to) compensate, the allocation is cancelled.

- **No allocation?**

Students who didn't get an allocation through the regular selection can apply for a still available spot after completion of the selection.

- Students who couldn't participate in the regular selection, can apply for a remaining spot after completion of the selection on a first-come, first-served basis (once they have completed year 1). Still available places will be published on AskPsy.



# 12. Application at host university

- **After selection**
  - Nomination by FPN/IRO
  - Application at host university  
[application procedures and deadlines differ per university!]
  - Pre-departure session (compulsory) in March/April 2022  
(incl. Intercultural Awareness assignment)
- **Information from host university**

Host university will send information about application and course registration procedure, housing, etc. per e-mail (through IRO and/or you)



# 13. Approval for elective period abroad

- **Requirements for electives abroad:**
  - Year 1 and Year 2 (P1, 2, 3) and research participation (SONA) completed 6 weeks prior to start of exchange.
  - See Education and Exam regulations (EER) Bachelor 2020-2021 and [www.askpsy.nl/electives-abroad](http://www.askpsy.nl/electives-abroad)
- **Course approval by FPN Board of Examiners:**
  - Online application on [www.askpsy.nl/electives](http://www.askpsy.nl/electives);
  - Your university allocation is only final after receiving official approval!
- **Failed one or more second-year courses (period 4, 5, 6)?**

This is allowed. You can participate in the re-sit(s) after return



# 14. FPN course requirements for electives abroad

- **Available courses / courses chosen by former students**  
Refer to host university website, essays former exchange students, overview approved courses
- **FPN course requirements**
  - Minimum level of second-year Bachelor or higher;
  - Related to objectives of FPN Bachelor programme;
  - No overlap with mandatory courses of the FPN Bachelor programme;  
[electives must be approved by the Board of Examiners prior to exchange]
- **Workload?**  
24 ECTS in electives (or combined with MaRBLe, or practical internship)
- **Less than 24 ECTS?** Resit at host university or elective at FPN/UM in period 3.  
Not possible? Submit request for alternative to Board of Examiners.



# 15. Language preparation

- **Recommended language proficiency level: B2 (CEFR)**  
IRO doesn't ask for language certificate. Your responsibility to have an adequate level. Host university may ask/require an official proof of language proficiency or TOEFL score at time of application. Check the partner university requirements on [www.askpsy.nl/iro/fpn-partner-universities](http://www.askpsy.nl/iro/fpn-partner-universities)
- **Language of instruction**  
Either language of host country, English or a mix (English + local language)
- **Language course**  
At UM language centre, host university/country or other language institute.
- **Erasmus+ Online Linguistic Support (OLS)**  
Online language test + language course (free of charge) for EU exchanges.  
See [www.erasmusplusols.eu](http://www.erasmusplusols.eu)



# 16. Money matters

- **Estimation of costs**  
See university websites, essays of former exchange students and [www.wilweg.nl/landen/](http://www.wilweg.nl/landen/)
- **Tuition fee waiver**  
Exchange takes place through a formal exchange agreement  
You are registered and pay tuition fees at UM; no (tuition) fees charged by host university. Some universities outside Europe charge small admin fees for issuing transcript, visa, pick-up service (e.g. Stellenbosch, Rio).
- **Student travel card (OV) compensation**  
Get a compensation by temporarily submitting your travel card



# 17. Erasmus+ scholarships (through IRO)

- **Erasmus+ scholarship**

For exchanges in Europe (Erasmus+ participating countries).

Online application as of Spring 2022. Grant amount to be announced.

[monthly amount Fall 2021: (€240-€360)]

- *Excl. UK and Switzerland (Swiss government provides alternative grants)*
- *top-up for students with disadvantaged background / green travelling*
- *In 2021/22 students whose E+ exchange is cancelled due to COVID-19, may receive a (partial) refund of costs incurred (E+ Force Majeure regulation): not decided if this applies to 2022/23*

- No FPN funding scheme for exchanges outside of Europe or UK

- Other options? Check [www.beursopener.nl](http://www.beursopener.nl) [www.european-funding-guide.eu](http://www.european-funding-guide.eu), [www.scholarshipportal.com](http://www.scholarshipportal.com).



# 18. More information?

- **More information?**
  - [www.askpsy.nl/iro/electives-fall-2022](http://www.askpsy.nl/iro/electives-fall-2022)
  - [www.askpsy.nl/iro/fpn-partner-universities](http://www.askpsy.nl/iro/fpn-partner-universities) (university specific information, and essays and contact details former exchange students)
- **For updates on COVID-19 in relation to studying abroad:**
  - [UM COVID-19 page](#) and the [FPN COVID-19 page](#);
  - (COVID-19) website of host university;
  - UM and FPN News letters;
  - your UM email. We will inform you of any new developments should this impact your Fall 2022 exchange





- **Questions?**

- Submit your questions through [www.askpsy.nl/contact](http://www.askpsy.nl/contact);
- Ask for online meeting. Tuesday/Thursday 10:30-11:30 hrs (extra timeslots during selection)

We're happy to assist!

- **Additional Q&A session on electives abroad (early January).**

Update on UM COVID-19 policy, and to answer specific questions.



# PSY3379 The Professional in Psychology: An Internship

Alicia Walkowiak



# Internship

- Aim of the internship:
  - to facilitate you in developing knowledge, skills and abilities that are relevant for psychologist
  - Employability
- Maximum 6 ECTS (= 168 hours)
- Period 1 – 3
  - Also during summer break
- Fulltime or parttime
- *Practical* internship, not *research*



# Which company?

- Find a company yourself
- Supervised by a psychologist
- Content of internship should be related to FPN bachelor program
  - Clinical psychology, forensic psychology, work & organizational psychology, etc
- Coordinator approves internships

# Some examples...

- Clinical Psychology
  - Child and Adolescent Psychosomatics
  - Personality disorder treatment
  - ADHD
  - Trauma
  - Animal assisted therapy
  - Addiction
  - Creative therapy
- Work & Organizational Psychology
  - HR Consultancy
  - Recruitment and selection
- Forensic Psychology
  - Police: analysis and investigation of threats; risk assessment

# Assessment

- Before you start your internship:
  - Development plan
    - SMART learning goals
      - Communication, interventions, observing patients, writing skills, etc.
- During/After the internship:
  - Final report → Final grade
    - Updated development plan
    - Activities during internship, related to learning goals
      - Describe scientific evidence for therapies, questionnaires, selection procedures, tools, etc.
    - Reflection and conclusion

# How to proceed?

- Find an internship
  - Use your own network, check websites of interesting organizations
- Send me an e-mail with the information about your internship
- Indicate this course (PSY3379) as one of your preferences for the electives

# Questions:

[alicia.walkowiak@maastrichtuniversity.nl](mailto:alicia.walkowiak@maastrichtuniversity.nl)

## Marble: Research based learning 2022-2023 Generation 14



the mind is not a vessel  
to be filled,  
but a fire to be kindled  
(Plutarch, 46-127 AD)



### Marble: selective elective



Between 40 and 60 students will be selected for participation. Students are selected on study results in the first 3 semesters of the bachelor program.

In September, you must be in your third year of study and must have completed all of the courses of the first two years.

Students who are not in the top 20% of their cohort can still be selected in a second round on the basis of a motivation letter and a reference of their supervisor in the research practical.



### Marble: tailor-made education



Within the Marble framework, talented and motivated students are encouraged to gain further experience in planning, conducting, analyzing and presenting research individually or in pairs.

Tailor-made Marble is a natural extension to the existing program which allows students to earn credits as part of their electives and write an empirical bachelor thesis on these findings.



## Marble: abroad



Students who want to spend some time studying abroad doing research are also invited to apply for a tailor made Marble project abroad. In some cases, students can be supervised by senior scientists who are not a member of the Faculty of Psychology and Neuroscience. In these cases, a member of the FPN staff will be appointed as a local liaison. All the projects must be supervised by an expert on the specific topic of the research. **Please note that only 20 wild cards are on offer for Marble abroad, based on first come first serve.**



Non-retinal processing modulates the timing differences of low and high spatial frequencies towards the dark period in the retina

Marble sailor  
Johannes Franz



Name of supervisor: Johannes Franz

Description: Currently, working to understand the role of the retina in the timing differences of low and high spatial frequencies towards the dark period in the retina

## Marble: research themes & topics

tactile perceptual learning-eating behaviour-PBL-emotion recognition-insomnia-consciousness-mental number line-music, emotion & film-fMRI-language-learning-false memories-TOM-religion-fantasy-depth perception-TMS-synesthesia-EEG-autism-attention-perceptual closure-male attitude-stigma-virtuality-IQ-change blindness-driving-culture & teams-framing McDonalds-face recognition-loneliness-aging-multimodal integration-eye and ear witnesses-mental imagery-implicit measures-psychopathology-fear of public speaking-decision making-mental-art-operation beautiful-leadership-game theory-mindfulness-inhibition-drugs-taboo-polarisation-politics-cognitive enhancement-pain-time perception-multitasking-new media-chances-**your dream topic?!**

## Marble: supervision

Students are encouraged to also contact supervisors who are active in the research practical. The project coordinator, Arie van der Lugt, will also assist in matching student research interests with those of the scientific staff.



## Marble: procedure

1. Selection top 20% (invitation via mail, first week of May)
2. Registration 1<sup>st</sup> round (deadline May 2022)
3. Registration 2<sup>nd</sup> round: motivation (early June 2022)
4. Selection 2<sup>nd</sup> round (mid June 2022)
5. Complete list of candidates (end June 2022)
6. Choice of theme & supervisor (early September 2022)
7. Submit ERCPN proposal (early October 2022)
8. Research Project (End of October-End of January 2023)
9. Write-up empirical bachelor thesis (January-April 2023)
10. Final presentations (July 2023)



## The proof is in the pudding



Sanne ten Oever published her Marble research as joint first author!



## Curious? Talented? Inspired?



Slippery ice is paradise, if you know how to dance!