

Working as a clinical psychologist in the Netherlands and Germany

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Working as a 'master' psychologist

- POH-GGZ (praktijkondersteuner huisarts GGZ)
 - Psychologist supporting the GP in the treatment of patients with mental health complaints
 - Self-management and prevention of worsening of complaints
 - Refer the patient to other mental health settings for further treatment
- Non-GGZ
 - Government, consultancy, employer insurance agency
 - Youth care, municipality, care for the disabled or the elderly
- GGZ: Co-practitioner under supervision
 - A starting psychologist cannot be the head practitioner or directing therapist
 - As a co-practitioner, or in the context of a training place, so always under supervision
 - But..

(See also: <https://psynip.nl/secties/sectie-startende-psychologen/mogelijkheden-masterpsycholoog-in-ggz/>)

Zorgprestatie model

- System for financing mental health care in the GGZ and forensic care for adults
- <https://www.zorgprestatie model.nl>
- LOGO-verklaring needed
- <https://www.vlogo.nl/categorie/logo-verklaring>
- <https://www.maastrichtuniversity.nl/nl/onderwijs/bachelor-psychologie/jouw-toekomst>

Post-master education: GZ-opleiding

- Preferable for people who want to independently work as a clinical psychologist and treat patients (as a head practitioner or directing therapist)
- GZ-opleiding: 2-year post-master education programme
 - apply for a training place with a recognized mental health institution.
 - working, and studying.
 - Note that you sometimes pay for (part of) the study. Sometimes the employer pays for it.
 - Places are limited
- Upon graduating from this post-master program, you are a licensed health care psychologist.

LOGO-verklaring

- Proof that you fulfill the entrance requirements to start the post-master education/GZ-opleiding
 - Needed to start GZ-opleiding
 - Also needed when working under Zorgprestatie model
- See also <https://www.askpsy.nl/internship/BAPD-and-GZ-option> and www.vlogo.nl
- Requirements:
 - Sufficient theoretical background in health care psychology
 - Clinical internship (520 hours, diagnostics-indication-treatment) > not always possible!
 - Proof of basic skills in psychodiagnostics. E.g. BAPD (Basis Aantekening PsychoDiagnostiek):
 - sufficient theoretical background
 - clinical internship of 200 hours aimed at psychodiagnostics (can be part of the 520 hours needed for the LOGO)
 - three written case reports

Bachelor psychology and relevant master at UM?

- Bachelor psychology +
- Master Health and Social Psychology, Legal Psychology, Developmental Psychology, Neuropsychology (1year master or Research master), or Psychopathology +
- Clinical internship (520 hours, diagnostics-care needs assessment-treatment, reports)
- = entrance criteria fulfilled, receive LOGO-verklaring via UM

Note about the internship

- Possible during master for Neuropsychology (1y master and Research master) and for Psychopathology
- For Health and Social Psychology, Legal Psychology, Developmental Psychology only possible as non-degree seeking student after graduation
 - <https://www.maastrichtuniversity.nl/about-um/faculties/psychology-and-neuroscience/education/non-degree-seeking-students>
- Via Open University: individual trajectory
 - <https://psynip.nl/overige-registraties/bapd/individueel-na-afstuderen/>

Master not at UM?

- Have the theoretical entrance criteria (for LOGO and BAPD) checked in time
 - Contact me for checklists regarding your bachelor.
i.winkens@maastrichtuniversity.nl
- Checklists from bachelor and master university
- Deficits? Follow additional courses
- Respective committees can advise you

Things to consider for non-Dutch (speaking) students

- Difficult for non-Dutch master universities to check the theoretical entrance criteria
- Most internship places in the Netherlands require that you speak the Dutch language
- Clinical internship in other countries is possible. But check if they fulfill all requirements
- Working as a clinical psychologist in the Netherlands: predominantly Dutch
- Post-master GZ-opleiding: in Dutch
- **Attend the information lectures at the start of your master!**

Psychotherapy in Germany

- 1999: a psychotherapists' law was accepted
- Psychotherapist = a licensed health professional with similar rights and duties as physicians
- Law required post-gradual training after master: bachelor – master- postmaster training - exam
- Without the additional training (and passing the exams), you're not allowed to treat mental disorders

Alternatives

- **Health:**
 - Psychotherapy offered by 'alternative practitioners' (Heilpraktikergesetz); Clinical psychologist; Family and marriage counsellor/Couples and sex therapist; Psychological counsellor; Rehabilitation psychologist; Behavioral therapist; Psychodrama therapist; Art therapist; Neuropsychologist; Educational psychologist; Health psychologist/Health educator/Expert in public health
- **Non-clinical and/or applied Psychology:**
 - Traffic psychologist; Forensic psychologist; Legal psychologist; Military psychologist; Social psychologist; Work and organisational or industrial-organisational psychologist; Media psychologist; Sport and exercise psychologist; Cyber psychologist; Policy advisor
- **Academia:**
 - Scientist; Teacher at a university or university of applied sciences; Policy advisor

Psychology education started before September 2020?

- 12 year transition period
- Maybe possible to start the psychotherapy training in Germany after a bachelor and master at UM.
 - If you fulfill the entrance criteria
 - This needs to be checked at an individual level
 - Students can contact the Board of Examiners and request a letter explaining the content of the bachelor and master
- NOTE: it may differ per Bundesamt whether you fulfill the criteria. Also, not every Bundesamt will have spots available...

Need a letter to proof that you started before September 2020?
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Psychology education started after September 2020?

- The situation is very unclear
- Contact the respective LPA (Landesprüfungsamt)
- New trajectory: Direktstudium: bachelor – 2year master psychotherapy – exam
- Our bachelor and master programs do not comply
- Probably very difficult to get into the master with a bachelor at UM
- Number of places are very very limited
- New clinical minor? Electives? See <https://www.askpsy.nl/electives-bachelor-2023-2024>
- Unfortunately, we cannot guarantee anything..

Questions??